

January 14, 2024

# WOODLAND

## Newsletter: *Busy Weeks & Exciting Weather*



**Thank you to the Allen Family(!) who worked Saturday to bring down enormous limbs, damaged during the high winds this week. Their hard work and care as a family has helped all of our Woodland Families stay safe. Thank you Mr. and Mrs. Allen!**

### Reminders/ Links

<https://wcdsnj.org/parents/>

Attached please find the flyers for each community service project taking place on Monday.

[PLEASE CLICK HERE FOR THE COHANZICK ZOO FLIER](#)

[PLEASE CLICK HERE FOR THE FUNNY FARM ANIMAL RESCUE FLIER](#)

[PLEASE CLICK HERE FOR THE CUMBERLAND FAMILY SHELTER FLIER](#)

[PLEASE CLICK HERE FOR THE MLK DAY OF SERVICE FOOD DRIVE FLIER](#)

Please bring in donations by Monday morning.

### Upcoming Dates

January 15: MLK Day of Service

JANUARY 16-19: Please note:

[NorEasterNick](#)

Happy Sunday [Woodland]! Overnight tonight clouds will slowly start to build in ahead of our next system that will arrive tomorrow evening. Tomorrow during the day will be mostly cloudy and then during the late evening and into the overnight hours snow showers will move in. A quick 1-3 inches is possible across South Jersey.

January 16: End of Marking Period

January 18, 19 & 22: Upper School Exams

January 19: First Annual Hide & Seek Championship  
Postponed Due To Weather Conditions

January 25: Breakfast With The Head

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## **Our MLK Service Day Schedule**

We are full steam ahead for our MLK Day of Service. I am pleased to say that all classes from K-8th will be heading out into the community on Monday to work in honor of Dr. Martin Luther King, Jr.. Community service is so important and doing service to honor a great man gives it more meaning.

- K, 1st, 4th and 8th Grades are heading to the Cohanzick Zoo to deliver donations and make things for the animals.
- 2nd and 3rd will be visiting the Funny Farm to deliver their donations and work around the farm.
- 5th, 6th, and 7th Grades will go to the Greenwich Presbyterian Church to deliver their food pantry items and do a church yard clean up.

All classes will be back on campus for our 2 pm assembly for PK - 8th grades featuring Cole the Deaf Service Dog. Cole was recently named the ASPCA National Dog of the Year for his community work. Proceeds from our Dress Down Day on Friday, will be donated to support Cole the Deaf Dog & Friends Foundation.

Thank you,  
Mrs. Hood

**Big Brothers and Sisters have been spending time with our PK- Kindergarten Friends, building fun, and building them up. Woodland students do an amazing job, giving of themselves for the good of others!**





**Woodland Panthers  
have been putting  
in the work to build  
Strength as a team!**

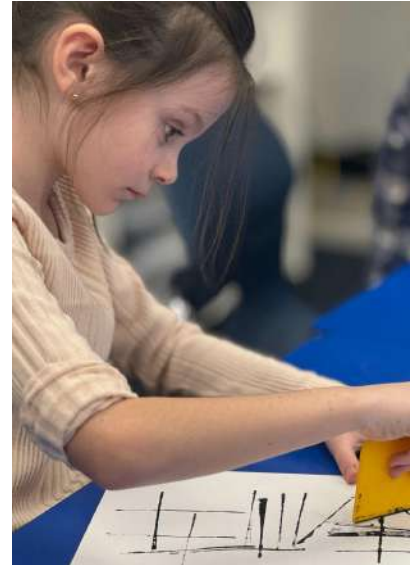


***Thank you*** Mr. Ordog for working with our students to run the Basketball Clinics each Monday!

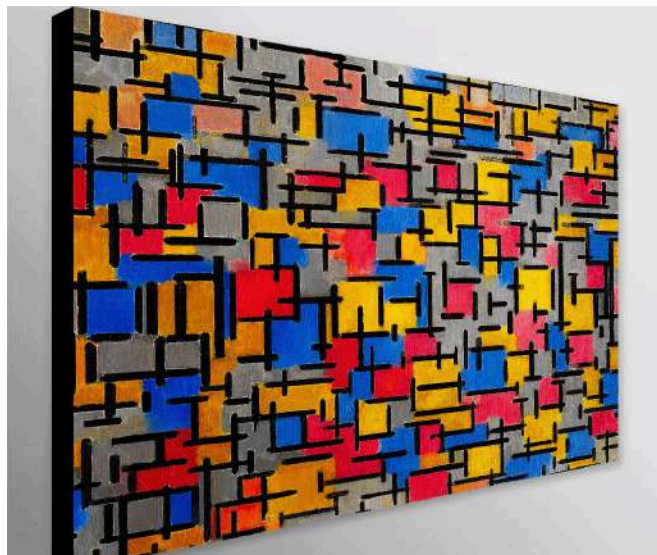
Our students are able to benefit from extremely high levels of expertise and coaching that helps build them into strong beginners in Basketball while laying the foundation for further success in athletics!

*Looking closely a keen eye*, 'one will also see another tidbit that sets Woodland apart- Thank you to Mr. Ritter, the President of our School Board for working to support this program among a very busy schedule.

This is a GREAT example of how much he wants good things for Woodland!



**Inspired by the artist Piet Mondrian, students use black paint, stamping with a scraper, and primary colors to create abstract masterpieces.**



This Saturday, January 13, we ran our largest BINGO of the year!

With many parents participating, and others coming all the way from Cape May, it was great to see such an incredible turnout for something so important to the fundraising we work to develop for our Woodland families.

Thank you to our volunteers who worked late Saturday, and weeks ahead of time to make this event possible.

Please be sure to come and participate, and recommend this event to your family, friends, and co-workers.



### A GOOOOOD Lunch... and how important is it?..

While visiting students at lunch, I often see incomplete meals. Throughout the day students have a variety of snacks, however, a couple of things follow:

1. Much of the food they eat is snack food
2. Many of the snack foods which they eat... or... having snacks as the primary contents of the meal, do not have the nutrients the brain needs, and will not always yield the results we are hoping for. *Remember...*
3. **Education requires a lot from our children's body and mind**
4. [PLEASE CLICK HERE OR THE PICTURE AT RIGHT FOR A SHORT \(4 Min\) VIDEO](#)



This is a simple but critical point, and important to work together on. The food our children eat affects the optimal performance of their brain, their ability to focus, learn, and even their ability to regulate their emotions. Our lives are so busy now, we sometimes miss out on *old fashioned* ideals of good meals, but this idea is one which will pay dividends each day in your child's learning and growth. It is important to understand that between 12:30 and 3:00, their minds are challenged with academics, the practice of intellectual stamina, and the work of the day. The better the fuel, the more we enable their minds and bodies to accomplish difficult things. I will place additional information in an upcoming newsletter, but this well done video is a great place to start.

**Thank you for being part of the WOODLAND Community!**